



McDonald Graham, LLC is a leadership development and coaching partnership between clinical psychologist, Dr. Julie McDonald, and organizational psychologist, Dr. Lisa Graham. Together, their mission is to create space for people to do the difficult inner work that is necessary to become their best selves. They focus on enhancing skill sets that are often neglected in leadership development through the application of solid psychological principles. Whether it's through 1:1 executive coaching or one of their coaching workshops for groups, McDonald Graham helps professionals flourish at work and in life. Drs. McDonald and Graham work with professionals at all levels of their career, individually or in small group settings. Their experience ranges across a wide variety of organizations including small, family-owned businesses, nonprofit agencies, and Fortune 500 companies.

McDonald Graham's flagship curriculum is Transforming Success®, a coaching program for groups. The program extends their work beyond one-on-one interactions into a group setting where participants can, together, tackle common challenges professionals frequently face. They are also certified Dare to Lead™ facilitators. Dare to Lead™ is a courage building program designed by Dr. Brené Brown to teach foundational skills that enable leaders to do the hard things they have to do but often avoid – initiate difficult conversations, make the best decision even when it's unpopular, and choose what is right over what is easy.



### **Julie McDonald, Ph.D. | Clinical Psychologist**

Julie McDonald, Ph.D. has been a practicing clinical psychologist for 25+ years. At McDonald Graham, she brings her experience providing psychological services into the business world. In November 2019, Dr. McDonald retired from her private psychology practice at Bair, Peacock, McDonald, McMullan, & Bell to focus solely on McDonald Graham.

Dr. McDonald completed her Bachelor of Arts degree at Transylvania University in Lexington, Kentucky, her Master's degree and Ph.D. in Clinical Psychology at the University of Alabama at Birmingham, and her clinical internship at the University of Washington in Seattle, Washington. Dr. McDonald is a member of the American Psychological Association, the Alabama Psychological Association, the National Register of Health Service Psychologists, and the Society for Consulting Psychology. She is an active member of Saint Thomas Episcopal Church, where she has served on the Calling Committee and Vestry. She enjoys travel, creating miniature gardens, and taking hip-hop/Zumba dance fitness classes. She is married and has two college aged children.

### **Lisa Goldstein Graham, Ph.D. | Organizational Psychologist**

Lisa Goldstein Graham, Ph.D. has practiced in the field of organizational psychology for over 20 years. Before establishing McDonald Graham, Dr. Graham worked as a consultant with Blankenship & Seay Consulting Group for 17 years.

Dr. Graham completed her undergraduate work at Emory University. She received a M.S. in Industrial and Organizational Psychology from the University of Tennessee and a Ph.D. in Leadership and Change at Antioch University. She is a member of the Society for Industrial and Organizational Psychology and the American Psychological Association and an affiliate member of the Institute of Coaching. She has served as an adjunct professor of psychology at Samford University and enjoys being involved with several nonprofit organizations: she facilitates the Jewish Women's Leadership Institute in Birmingham, Alabama, serves as Secretary for the Board of the Albert Schweitzer Fellowship, is a past Chair of the Board of Collaborative Solutions, Inc., served for several years on the Board and Executive Committee of Collat Jewish Family Services, and was a member of the boards of the Ronald McDonald House, Temple Emanu-El, and the Junior Board of Girls, Inc. Lisa lives in Birmingham, Alabama with her husband and daughters who are elementary school.

